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NYS CREATES VOLUNTEER MENTAL HEALTH HOTLINE TO HELP WITH CORONAVIRUS CRISIS

Within the last few hours, Governor Cuomo announced the creation of a state-wide hotline to provide free mental health services to individuals at home who may be experiencing stress and anxiety due to the COVID-19 crisis. The Governor has called upon mental health professionals to volunteer to create a reserve of mental health professionals to provide telephone and/or telehealth counseling for individuals in need. NYSPA has contacted the Governor's office and advised them it will be sending a communication to its members to encourage participation in this important initiative on behalf of New Yorkers in need.

To volunteer, professionals are asked to complete a survey at: health.ny.gov/assistance. Click on the tab for health, mental health and related professionals. Although the online form refers to medical treatment of individuals with Coronavirus, the Governor indicated in his press conference that they are also seeking counseling services for individuals who may be experiencing anxiety and fear.

Members should indicate on the form that they are available for telephone and telehealth counseling services, not face-to-face services. 3/9/2021 Constant Contact

Health Professional Survey



The quick survey will ask responders to fill out the following information:

- Your specific qualifications and interest in being of public service in this regard.
- Your professional title
- List specialties or certifications
- · Date of birth
- Are you a current practitioner?
- Last date of practice
- Role in last practice
- Date of most recent certification and license
- License number
- Contact Information including email and address
- Willingness to work in any region of NYS
- Describe your interest and ability to be able to provide your services to treat patients if the need should arise in the future.
- Any other information that is relevant as the state builds capacity in this
 regard, especially experience with infectious diseases, respiratory
 conditions, critical care, or emergency medical services or care.

New York State Psychiatric Association | 400 Garden City Plaza, Suite 202, Garden City, NY 11530

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